

Helpful Numbers for advice and support during these difficult times

Fife Council Covid-19 Helpline:-0800 952 0330

Dunfermline Advice Hub- 01383 432483

Dunfermline Foodbank- 07580231286

**Welfare Support Workers Lauren and Angela
07730751895/07515291123**

Scottish Welfare Fund: -0300 555 0265

Citizens Advice and RightsFife :03451400 095

Community Food Projects - Pantries -

**Tryst Centre FoodForYourFuture Tel : 07730809375 (call
Wednesday 10 am - 1pm), Dunfermline North Baldridgeburn
contact George on 01383 432483**

The Food Fund Crisis Support Initiative For more
information phone George on
01383432483